

EAGLE VOLLEYBALL

CAMP 2011



This camp is an organized program for boys and girls from beginner to advanced. Campers will learn the correct fundamental techniques of competitive volleyball. Athletes will learn how to pass, set, spike, dig and serve. Progressive drills and mini-games will be used to help give athletes a good understanding of volleyball. Recommended items: ample water, shoes with indoor rubber soles and volleyball-specific knee pads. Each camper will receive a T-shirt.

If you have any questions, call the Continuing Education Office 203-452-4554, or go our website at: www.trumbullconted.org

Location: Madison Middle School
Instructor: Nelson Kwok

Dates: August 1 - August 5

VOL01	Grades 7 - 9	9:30AM - 11:30AM	\$140
VOL02	Grades 10 - 12	12:00PM - 3:00PM	\$170



Name: _____ Present Grade: _____ School: _____

Address: _____ City: _____ Zip: _____

Parent/Guardian: _____ T-Shirt: S M L XL

Home Phone: _____ Work: _____ Emergency: _____

Email: _____

Course # VOL01 _____

Course # VOL2 _____

Please make check payable to: Trumbull Continuing Education or Register online at: www.trumbullconted.org

Mail back to our office: Trumbull Continuing Education
 72 Strobel Rd.
 Trumbull CT 06611

